## Staying on track with Velphoro / You can do it!

Many foods are high in phosphorus. Because you're on dialysis, you need to watch your phosphorus levels. Velphoro can help because it's the strongest phosphate binder available.



**Remember to take Velphoro with every meal.** Velphoro works only if you take it as directed, with your meals or snacks. But no worries! We have tips to remind you, and keep you going, no matter what!



You've got this! Keep Velphoro on your kitchen table, or on the counter, near where you eat\*



**Stick to your plan!** Attach a sticky note to your refrigerator door. Put another one on your front door to remind you to take Velphoro with you when you go out



**Keep up the good work!** Program your cell phone with an alarm 3 times a day, around mealtimes



**Register to become a member of YourVelphoroPoints.com**,<sup>†</sup> a program of quizzes, games, activities, and more—all designed to help you stay in the game with Velphoro





## Did you know?

In a clinical study, when given a choice, most people preferred to "break and take" Velphoro rather than chewing. Just break the tablet into several pieces and swallow.

People who take Velphoro take about 2,000 fewer phosphate binder pills per year than patients who take other phosphate binders.

Your dose of Velphoro may be adjusted depending on your phosphorus level, which your care team will monitor every month.

\*Always keep the bottle or pill container of Velphoro tightly closed. Store at room temperature, and below 87° F.

†Gift cards, in \$10 increments, have a maximum value of \$75/year. Not redeemable for cash. The program is not available in Massachusetts,
Minnesota, Rhode Island, or where otherwise prohibited by law.

#### **INDICATION**

Velphoro® (sucroferric oxyhydroxide) is a phosphate binder indicated for the control of serum phosphorus levels in patients with chronic kidney disease on dialysis.

Please see Important Safety Information on the back page and full Prescribing Information at Velphoro.com.



# How are you doing so far? | Your care team wants to know

Your care team wants to do whatever they can to help you stay on track with Velphoro. They encourage you to ask questions, and they will ask you questions, as well.

### What your care team wants to know:

- Are you having any side effects?
- Have you been remembering to take Velphoro with your meals or snacks as directed?
- Is anything preventing you from taking your Velphoro as directed?



Your care team is always willing to help you in any way they can—and they're just a phone call away!

#### IMPORTANT SAFETY INFORMATION

- Velphoro chewable tablets must be taken with meals. Velphoro should be chewed or crushed. Do not swallow whole. Tell your healthcare provider about all the medicines you take, including prescription and nonprescription medicines, vitamins, and other supplements. Velphoro can interact with other medicines.
- Tell your healthcare provider if you have any of the following: peritonitis (an infection) during peritoneal dialysis, significant gastric or liver disorder, recent major gastrointestinal (GI) surgery, a history of hemochromatosis or other disease that results in iron build-up in the body. People with these conditions were not included in clinical studies with Velphoro, and your healthcare provider will monitor your iron levels while you are taking Velphoro.
- · Velphoro can cause side effects. The most common side effects are discolored feces, diarrhea, and nausea. Tell your healthcare provider if you have any side effect that bothers you or that does not go away. To report negative side effects associated with taking Velphoro, contact Fresenius Medical Care North America (FMCNA) at 1-800-323-5188. You are encouraged to report negative side effects of prescription drugs to the FDA at 1-800-FDA-1088 or visit www.fda.gov/medwatch.
- Before taking Velphoro, tell your doctor if you are pregnant, plan to become pregnant, or breast-feeding.

Velphoro is available by prescription only. For more information, please see full Prescribing Information at Velphoro.com.



